I CLAIM:

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1. Building structure with integrated, overhead, construction-extension access utility port structure comprising

a frame including a load-bearing portion having a top, which load-bearing portion is defined, below that top, by a pattern of interconnected, elongate, upright columns and laterally extending beams, each column taking the form of an assembly of hollow, tubular column components, and

provided in at least one of said column components, an elongate upper-end utility region extending upwardly beyond the top of said load-bearing frame portion, with said utility region terminating in a nominally open, but selectively reversibly and sealably closeable, upwardly facing mouth which opens to the hollow interior of said at least one column component to define therewith a utility port,

said utility port accommodating the selective insertion through said mouth, and the reception inside the adjacent hollow interior of said at least one column component, of a construction-extension instrumentality which is drawn from the list consisting of (a) an installable/removable crane structure, including temporary-use davit structure, (b) a column-like element provided for the addition of selected building superstructure, and (c) additional building infrastructure feedable downwardly through said port toward a selected elevation in said building structure which is below the top of said frame's said load-bearing portion.

2. The building structure of claim 1, wherein each one of plural column components is provided with a like, upper-end utility region.

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3. A building method comprising

furnishing a building frame possessing a load-bearing portion which is defined by interconnected columns and beams, where at least one column is formed as a hollow, tubular structure,

providing in the at least one column an upper-end utility region which extends above and beyond the frame's load-bearing portion, and which region terminates in a nominally open, upwardly facing mouth which opens to the hollow interior of the at least one column to define therewith a utility port, and then

employing the defined utility port for the stabilized insertion, reception and use of a building construction-extension instrumentality selected from the list consisting of (a) an installable/removable crane structure, (b) a column-like element provided for the addition of selected building superstructure, and (c) additional building infrastructure feedable downwardly through said port toward a selected elevation in said building structure.

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4. The method of claim 3 which additionally comprises providing more columns which are like the mentioned at least one column.

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5. The method of claim 4, wherein, with respect to the reception and use of installable/removable crane structures as accommodated by the presence of plural, provided utility ports, such ports enable a construction-extension practice where one installed crane structure installed in one utility port may be employed to manipulate and install another crane structure in an adjacent utility port.

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